

HOMEOPATHY INFORMATION SHEET

Name: _____ Date: _____

You have chosen to receive a homeopathic remedy to help your dental condition. Homeopathy is a widely accepted mode of natural therapy with no pharmacological action and no side effects. It acts purely by giving your body a “message” that leads it towards a speedier recovery. It is impossible to be poisoned by an overdose. Actually, swallowing the whole bottle will have no consequences at all. Similarly, taking more pellets than recommended will not effect a stronger cure. What matters more is the recommended frequency of the individual doses, and the potency of the chosen remedy.

General Directions:

- 1) You should not touch the pellets with your fingers. Instead, use the caps to measure out 3-4 pellets, which constitutes one dose, and empty these under your tongue, allowing them to dissolve.
- 2) For 20 minutes prior to and after taking the remedy, do not put anything else in your mouth.
- 3) While using homeopathic products, and until your dental condition resolves completely, do not consume or use any products containing coffee, mint, camphor, and chamomile. In the dental office avoid the material known as eugenol, which is used in some cements. Most toothpastes contain mint, therefore it is recommendable to obtain a natural mint-free toothpaste, sold at most health food stores.

Remedy/Potency	Frequency of Doses	Number of Days

Additional Instructions: