

## FRENECTOMY CONSENT AND POST-OPERATIVE INSTRUCTIONS

Procedure planned:

Laser upper labial frenectomy

Laser lower labial frenectomy

Laser lingual frenectomy

There have been no undesired side effects in our 8 years of experience in laser frenectomies, however there is always a negligible risk as documented in the literature concerning complications, such as:

- allergic reactions to local anesthetic shots, which can be mild to severe.
- As far as the procedure is concerned, undesired swelling, pain, or infection. Temporary but non-life threatening bleeding which may rarely persist for a prolonged period.
- Temporary numbness or limitation of movement of the tongue or the lip.

I, (the parent/guardian of) \_\_\_\_\_, fully understand the necessity of the above named procedure, as well as the risks involved. I hereby consent to have the treatment performed by Dr Sarkissian.

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date)

After the procedure, the area will look like a large raw sore, however there is no need for alarm. There may be slight oozing of blood, but generally this stops within an hour. During this time, fold a piece of gauze over the wound and replace it if it gets soaked with blood.

It is important to keep the area clean. Soak a piece of gauze in **2% hydrogen peroxide** and gently dab the area twice a day. Once the area is less sore to the touch, you can apply gentle wiping motions to remove dead cells and bacteria from the wound.

On the third day, apply pure vitamin E oil on the sore before going to bed.

**Lip exercises:** To gain most ground in reattachment, perform these stretching exercises: Over the next 10 days, at least three times a day, grab the lip and move it side to side and up and down. Pucker the lip and stick the tongue into the frenum area to stretch the severed attachment even more.

### **Homeopathic remedies:**

*Traumeel*: 1 tablet 3 times daily for 3 days

*Arnica 30C or 30X*: 1 dose 2 times daily for 3 days.

*Hypericum 30C or 30X*: 1 dose daily for 1 week

*Calendula 12C or 12X*: 1 dose daily for 1 week.

It also helps to rinse or wipe with an herbal tincture or extract of calendula as long as there is no alcohol.